

PRE-PROCEDURE INSTRUCTIONS

Important Reminders:

BILLING:

- Your MD's office will call for pre-certification from your insurance for Endoscopy Center charges. If there are any issues obtaining the pre-certification, we will contact you.
- If you have a PPO or Medicare, please contact your Insurance Benefits Program to find out if they will allow this exam.
- Unfortunately, your physician and the SCEC clinic's staff are unable to assist you with coverage, pricing or billing questions for SCEC charges.
- When rescheduling or canceling your procedure, a 72 hour notice is needed to avoid a \$50 service charge.
- Please bring your insurance card and a valid photo ID with you. The originals, not copies.

PREPARING FOR YOUR PROCEDURE:

- For all procedures, review and begin following instructions seven (7) days prior to your procedure.
- If you are scheduled for a colonoscopy, please pick up your colon preparation medication one week before you are scheduled for the procedure.
- Follow the prep instructions as provided by our office only. (Even if they differ from those on the preparation packaging)
- If your insurance does not cover the prep originally ordered, please contact our office so you have the correct instructions for the prep you receive from the pharmacy.
- Call our office immediately if you have any issues or questions regarding the prep.
- PLEASE LEAVE ALL JEWELRY AND VALUABLES AT HOME.

TRANSPORTATION:

- You will need a driver following the procedure (family member or friend).
- **A TAXI, BUS OR OTHER PUBLIC TRANSPORTATION IS NOT ALLOWED!!**
- Your driver should check in with you when you arrive for the procedure. It is not necessary for them to remain, but the Endoscopy Center needs to know you have a ride home.
- In the event you absolutely cannot arrange for a driver, you may arrange for transportation with *Care From The Heart* Home Services at (831) 476-8316. You will be responsible for any fees they may charge.
- Do not drive until the day following the procedure as you can be affected by the sedation for up to 24 hours.

MEDICATIONS:

- Do not take any over the counter medication containing aspirin, ibuprofen or naproxen for five days prior to the procedure. Tylenol is OK.
- If you take a daily low dose (81mg) aspirin for a history of heart disease or stroke, you should continue this medication.
- If you are on blood thinners or antiplatelet medications such as Warfarin (Coumadin), Plavix, etc., please make sure you communicated this information to your Gastroenterologist at the time of your pre-procedure visit so they can determine how to adjust this medication.

- The day of the procedure, [please take your regular blood pressure and cardiac medication](#), with a small sip of water. Take these medications at least two hours before the procedure.
- Diabetes medications: Take ½ of your medication the day prior to the procedure and none the day of the procedure.

PLEASE CONTACT YOUR GASTROENTEROLOGIST'S OFFICE SHOULD YOU HAVE ANY QUESTIONS REGARDING THESE INSTRUCTIONS.